



**M:** Course Objectives / Learning Outcomes

Upon successful completion of this course, the student will be able to:

1. demonstrate professional skills in the practice of therapeutic recreation and recreation health promotion
2. demonstrate knowledge of the agency and the delivery of recreation services
3. apply systems theory, or an ecological perspective, in developing comprehensive, leisure related client assessments and individual program plans
4. develop therapeutic relationships with individuals and groups based upon the values and skills of the profession
5. demonstrate helping relationships and skills
6. demonstrate awareness of group dynamics and leadership skills
7. demonstrate recreation activity analysis and activity adaptation skills
8. design, implement and evaluate recreation, therapeutic recreation and / or health promotion programs

**N:** Course Content: The following global ideas guide the design and delivery of this course:

## Professionalism

- Self awareness and self evaluation skills
- Seeks and accepts feedback
- Safe practice and safety awareness including personal hygiene procedures
- Effective working relationships with colleagues
- Effective client interaction skills
- Confidentiality in all communications concerning the agency
- Personal wellness and appropriate work habits
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