



**EFFECTIVE: SEPTEMBER 2006  
CURRICULUM GUIDELINES**

A. Division: Instructional Division Effective Date: September, 2006

B. Department / Program Area: Health

Health Education I E: 3

---

Subject & Course No.	Descriptive Title	Semester Credits
----------------------	-------------------	------------------

F:

HEA 101	Health Education I	3
---------	--------------------	---



<p>Leading Effective Groups</p> <ul style="list-style-type: none"> <li>• Expressive groups including discussion groups and drama activities</li> <li>• Creative arts groups including fine arts activity and craft groups</li> </ul>
<p><b>O:</b> Methods of Instruction</p> <p>Lecture/discussion          Group assessment practice session          Experiential creative arts groups          Media</p>
<p><b>P:</b> Textbooks and Materials to be Purchased by Students</p> <p>A list of recommended textbooks and materials is provided for students at the beginning of each semester</p> <p>Resources include:</p> <ul style="list-style-type: none"> <li>• selected readings from a variety of textbooks</li> <li>• selected audio-visual and computer resources</li> <li>• selected readings from books and journals and fine arts</li> <li>• adaptive equipment and supplies</li> </ul>
<p><b>Q:</b> Means of Assessment: This course will conform to Douglas College policy regarding the number and weighting of evaluations.</p> <p>An evaluation schedule is presented at the beginning of the course. Typical means of evaluation will include a combination of written assignments, presentations and testing.</p> <p>This is a graded course</p>
<p><b>R:</b> Prior Learning Assessment and Recognition:</p> <p>Open for PLAR</p>

\_\_\_\_\_  
 Course Designer(s) Therapeutic Recreation Faculty

\_\_\_\_\_  
 Education Council / Curriculum Committee Representative

\_\_\_\_\_  
 Dean

\_\_\_\_\_  
 Registrar