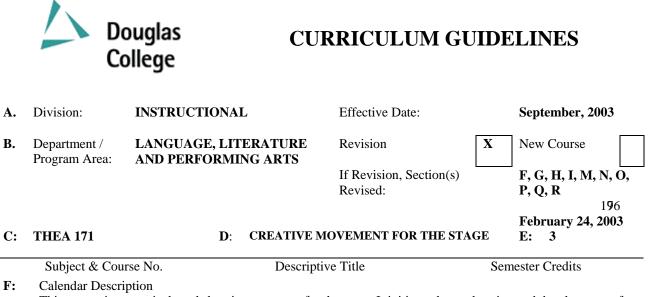
EFFECTIVE: SEPTEMBER 2003



This course is a practical workshop in movement for the actor. It initiates the exploration and development of the body as an instrument for theatrical creativity and interpretation. n/TT4.02 116.7114 475.20023T ()TjETEMC/P & MCID 4

M: Course Objectives / Learning Outcomes

Upon completion of the course, the successful student should:

- 1. Develop an understanding of the principles of correct body alignment and apply those principles to adjust self alignment
- 2. Know the components of a complete physical warm-up
- 3. Start the development of a personal warm-up regime
- 4. Understand the technique of various movement methods for use in character development as related to acting
- 5. Acquire a personal movement vocabulary
- 6. Have a greater kinesthetic sense
- 7. Have a greater positive sense of physical and emotional self.
- N: Course Content:
 - 1. Body Awareness and Exploration Alignment; centering; breath; use of levels, shapes and designs; locomotor exploration; relationships