

## **EFFECTIVE: SEPTEMBER 2004 CURRICULUM GUIDELINES**

A:	Division:	INSTRUCTIONAL	Effe	ective Date:	SEPTEMBER 2004	
В:	Department / Program Area:	PSYCHOLOGY FACULTY OF HUMANITIES & SOCIAL SCIENCES	Rev	vision X	New Course	
		SOCIAL SCIENCES		Revision, Section(s)	C	
				vised: e of Previous Revision:	JUNE 2001	
			Dot	e of Current Revision:	APRIL 2004	
C:	PSYC 11	130 D: LIFESPAN HU	MAN	DEVELOPMENT	E: 3	
	Subject & Co			ve Title	Semester Credits	
F:	lifelong changes biological, cogn	lendar Description: This course provides an introduction to human development through an exploration of elong changes that occur from conception to death. Each stage of the life-cycle will be examined to assess ological, cognitive, and social influences on human development. Also, to be considered are the roles that social d cultural contexts play in development.				
G:	Allocation of Contact Hours to Type of Instruction / Learning Settings  Primary Methods of Instructional Delivery and/or Learning Settings:  Lecture  Number of Contact Hours: (per week /semester for each descriptor)		Н:	Course Prerequisites: NONE		
			I:	Course Corequisites: NONE		
			J:	Course for which this C	Course is a Prerequisite	
	Lecture:	•		NONE		
	Number of Weeks per Semester: 15		K:	Maximum Class Size:		
				35		
L:	PLEASE INDICATE:					
ı	Non-Cre	Non-Credit				
	College	Credit Non-Transfer				
	X College	Credit Transfer:				

## **M:** Course Objectives / Learning Outcomes:

At the conclusion of the course the student will be able to:

- 1. Explain the major theoretical perspectives on lifespan development.
- 2. Discuss the influence of heredity on behaviour and physical characteristics.

## Course Content (cont'd)

- 6. Personality and Social Development
  Infancy and Toddlerhood
  Early and Middle Childhood
  Adolescence
- 7. <u>Lifestyle Choices and Options</u>
  Marriage/Cohabitation
  Divorce and Separation
  Singlehood

## P: Textbooks and Materials to be Purchased by Students:

Examples of texts to be used:

Sigelman, Carol K. (1999). <u>Life-Span Human Development</u> (3<sup>rd</sup> Ed.) Pacific Grove, CA, Brooks/Cole Publishing Company

Berk, Laura E., (2001).