

M: Course Objectives / Learning Outcomes

In this course students will use the Douglas College Department of Psychiatric Nursing Curricular Threads (wellness-illness continuum, professional values, professional caring & health care delivery system), and in the context of the environmental, health and psychiatric nursing domains, will develop strong productive group/team skills and awareness. They will know how to develop, manage and evaluate teamwork and collegial relationships.

N: Course Content:

In this course, within the context of the Douglas College Department of Psychiatric Nursing's philosophy and conceptual framework, students will focus on developing the psychiatric nursing role as a team member. Specific concepts that will be addressed are:

1. Organizing strong, productive groups
 - motivational interviewing
 - commitment to planning
 - forming a new group
2. Team Building
 - group building activities
 - intergroup collaboration
3. Managing and developing strong groups
 - getting started with a new group
 - setting clear, challenging and attainable goals
 - encouraging teamwork and sharing of leadership
 - facilitating members awareness of their personal contributions to group success
 - organizational structures needed to support strong teams
4. Making meetings effective
 - conflict resolution
 - negotiation
 - mediation
 - techniques to improve meetings and help difficult discussions
 - observer reports and process evaluations
5. Therapeutic communication will be enhanced through:
 - understanding and demonstrating the phases of the nurse-client relationship
 - understanding and demonstration of therapeutic communication with client as individual, family and group
 - understanding and demonstration of assertive and responsible communication
 - understanding and demonstration of effective communication with colleagues; requesting and receiving colleague support.
 - demonstration of understanding of theory and concepts through simulated clinical examples.
 - understanding of cultural competence and the issues of professional documentation and sharing of client information for the client as individual and family.

O: Methods of Instruction

Student learning is facilitated through a variety of teaching/learning methods including lecture, demonstration, audio-visual aids, group discussion, group and/or individual research and presentations and experiential learning as a group member with the intent of strengthening group skills and team building.

P: Textbooks and Materials to be Purchased by Students

A list of required and optional textbooks and materials is provided for students at the beginning of each semester.

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