



**M:** Course Objectives / Learning Outcomes

In this course the student will be introduced to the Douglas College Department of Psychiatric Nursing Curricular threads (wellness - illness continuum, Professional values, Professional caring and health care delivery system) and domains (person, environment, health, psychiatric nursing) to acquire knowledge, skills and attitudes related to clinical procedures when caring for the healthy person.

**N:** Course Content:

- handwashing
- use of disposable gloves
- standard precaution/chain of infection
- moving, lifting and transferring clients
- use of mechanical lifts
- head to toe assessment
- discontinuing a urinary catheter
- range of motion exercises
- vital signs, TPR, BP
- height and weight
- tub bath, bed bath and shower
- oral airway insertion
- oral care
- perineal care
- dressing and adult
- applying adult briefs
- back rub
- bed making
- administration of oral meds (introduction)
- collecting specimens (sputum, stool, urine)
- administration of enemas and rectal suppositories
- positioning
- use of TED stockings/application of tensors and slings
- isolation techniques
- pulse oximetry
- neurovascular assessment (basic)
- holistic health assessment
- care of the unconscious client

**O:** Methods of Instruction

Students will learn clinical procedure skills through a variety of means including lecture, observation, audio-visual aids, demonstration, simulations and case studies. Students will have an opportunity to practice skills in a laboratory setting.

**P:** Textbooks and Materials to be Purchased by Students

A list of required and optional textbooks and materials is provided for students at the beginning of each semester.

**R:** Prior Learning Assessment and Recognition: specify whether course is open for PLAR

Prior Learning will be assessed on an individual basis based on the Douglas College PLAR guidelines.

Course Designer(s)